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## Take Control Of Your Life

Whether you realize it or not, decisions you make can haunt you for the rest of your life, but there's a way to change that.

Do you wish you could reconnect with someone you loved that got away?

Is there a career you've always wanted to pursue but have been too fearful to go after it?

Regret can haunt you the rest of your life.

However, a new book is showing you how to take control of your life and decisions.

"This is Dogboys Dog Ranch. It's the unkennel. We let dogs play together in big play groups out on 15 acres. We taking them swimming," Bart Emken, owner of Dogboys, said.

Emken is living his dream job.

"I call it a wild domesticated pack," Emken said.

Ten years ago, Emken and his wife Courtney opened a dog kennel with just one customer.

"We had a barn that was just gravel bottom floors and chain linked, and they slept in our house," Emken said.

They now have over 5,000 customers.

"I know them all. That's Brutis and Mekina and Ottis, Lulu," Emken said.

Learning this was his dream job was anything but a dream.

"I had a job in advertising. It was literally making me sick. I was asking myself, 'What do I want to do? What do I want to be?' One day, I saw a seeing-eye dog stop a guy from walking down some stairs, and it was just an epiphany," Emken said.

"Sometimes life doesn't shout at you, it kind of whispers," James Green, author, said.

Green says it's possible for anyone to go after those life-changing moments in his book: *If There's One Thing I've Learned*.

"So, to make decisions every day, you have to know what is going to be important to you. Is this going to be a good choice for me? Am I going to regret this or am I going to regret not doing this? But if you don't try, those unfulfilled dreams haunt you, but it truly isn't too late," Green said.

Green says that listening to your inner voice can change your destiny.

"Destiny is not something to be waited for. It's something to be achieved," Green said.

It's something Bart achieved by listening to what he really wanted to do.

"This is a lot less stressful. I haven't had to iron a shirt in 10 years. I think I was destined to do it," Emken said.

Green said that listening to other people's story on the mistakes they made in their lives can help you avoid making the same mistakes.

For example, you hear a woman never made amends with her mother before she died.

If you're on the outs with your mom, that story can give you a glimpse into how you may feel if the situation happens to you.

Just remember, it's never too late to take control of your life and go after what you really want to do.